

# *Atlantic Sun Conference*

## 2009 Indoor Track & Field Championship Schedule of Events

### Friday, February 20

- 8:30am Women's Pentathlon - 60-Meter Hurdles  
Women's Pentathlon - High Jump  
Women's Pentathlon - Shot Put  
Women's Pentathlon - Long Jump  
Women's Pentathlon - 800-Meter Run
- 8:45am Men's Heptathlon - 60-Meter Dash  
Men's Heptathlon - Long Jump  
Men's Heptathlon - Shot Put  
Men's Heptathlon - High Jump
- 4:30pm Men's Pole Vault - **FINAL**  
Women's 3000-Meter Run - **FINAL**  
Women's Long Jump - **FINAL**  
Women's Shot Put - **FINAL**
- 4:55pm Men's 3000-Meter Run - **FINAL**
- 5:15pm Women's 60-Meter Hurdles - **TRIALS**
- 5:30pm Men's 60-Meter Hurdles - **TRIALS**
- 5:45pm Women's 60-Meter Dash - **TRIALS**  
Women's High Jump - **FINAL**  
Men's Long Jump - **FINAL**
- 6:00pm Men's 60-Meter Dash - **TRIALS**  
Men's Shot Put - **FINAL**
- 6:20pm Women's Distance Medley Relay - **FINAL**
- 6:40pm Men's Distance Medley Relay - **FINAL**

### Saturday, February 21

- 8:30am Men's Heptathlon - 60-Meter Hurdles  
Men's Heptathlon - Pole Vault  
Men's Heptathlon - 1000-Meter Run
- 9:00am Men's 35-pound Weight Throw - **FINAL**
- 10:00am Men's Triple Jump - **FINAL**
- 11:30am Women's 20-pound Weight Throw - **FINAL**  
Women's Pole Vault - **FINAL**
- 12:30pm Women's Mile - **FINAL**
- 12:45pm Men's Mile - **FINAL**
- 12:50pm Women's 60-Meter Hurdles - **FINAL**  
Women's Triple Jump - **FINAL**  
Men's High Jump - **FINAL**
- 1:05pm Men's 60-Meter Hurdles - **FINAL**
- 1:10pm Women's 400-Meter Dash - **FINAL**
- 1:30pm Men's 400-Meter Dash - **FINAL**
- 1:45pm Women's 60-Meter Dash - **FINAL**
- 1:50pm Men's 60-Meter Dash - **FINAL**
- 1:55pm Women's 800-Meter Run - **FINAL**
- 2:10pm Men's 800-Meter Run - **FINAL**
- 2:30pm Women's 200-Meter Dash - **FINAL**
- 2:45pm Men's 200-Meter Dash - **FINAL**
- 3:00pm Women's 5000-Meter Run - **FINAL**
- 3:30pm Men's 5000-Meter Run - **FINAL**
- 3:55pm Women's 4x400-Meter Relay - **FINAL**
- 4:00pm Men's 4x400-Meter Relay - **FINAL**
- 4:30pm Awards Presentation