



Men's Cross Country



Yearly Summary

Year	Date	Site	Host	Dist.	Team Champion	Score	Runner of the Year	Time	Coach of the Year	Freshman of the Year
2010	10/30	Spartanburg, S.C.	Upst	8K	Kennesaw State	55	Gilbert Kemboi, Upst	24:00	Stan Sims, KSU	Erick Kigen, Bel
2009	10/31	Deland, Fla.	Stet	8K	Kennesaw State	40	Kenneth Rotich, ETSU	25:31	Stan Sims, KSU	Gilbert Kemboi, ETSU
2008	11/1	Macon, Ga.	Mer	8K	ETSU	29	Kenneth Rottich, ETSU	24:34	Dave Walker, ETSU	Travis Holmes, KSU
2007	10/27	Nashville, Tenn.	Lip	8K	Belmont	30	Kipkosgei Magut, Bel	25:10	Jeff Langdon, Bel	Hillary Cheruiyot, Bel
2006	10/28	Boiling Springs, N.C.	GWU	8K	Belmont	21	Colin Magut, Bel	25:48	Jeff Langdon, Bel	Clay Hannah, Bel
2005	10/29	Buies Creek, N.C.	Cam	8K	Belmont	31	Brad Polley, Bel	25:19	Jeff Langdon, Bel	Caleb Swartz, Bel
2004	10/30	Nashville, Tenn.	Bel	8K	Belmont	31	Ryan Snellen, Bel	23:37	Jeff Langdon, Bel	Jay Morrill, GSU
2003	11/1	Buies Creek, N.C.	Cam	8K	Belmont	30	Paul Rickard, GSU	25:12	Jeff Langdon, Bel	Isaac Lafond, Bel
2002	11/2	Troy, Ala.	Troy	8K	Belmont	23	William Kemey, Bel	25:51	Jeff Langdon, Bel	Matt Cameron, GSU
2001	10/27	Atlanta, Ga.	GSU	8K	Georgia State	35	William Kemey, Bel	24:40	John Rowland, GSU	Chris Batista, Troy
2000	10/26	Buies Creek, N.C.	Cam	8K	Samford	37	Michael Green, Troy	25:10	Glenn McWaters, Sam	Chad Johnson, Sam
1999	10/30	Orlando, Fla.	UCF	8K	Samford/GSU	55	Michael Green, Troy	25:02	Glenn McWaters, Sam	--
1998	10/31	Atlanta, Ga.	GSU	8K	Campbell	68	Michael Green, Troy	24:58	Ken Frenette, Cam	--
1997	11/1	Birmingham, Ala	Sam	8K	Georgia State	31	Andrew Letherby, GSU	24:53	John Rowland, GSU	--
1996	11/2	Buies Creek, N.C.	Cam	8K	Georgia State	36	Andrew Letherby,GSU	26:13	John Rowland, GSU	--
1995	10/28	Macon, Ga.	Mer	8K	Georgia State	36	Julian Dwyer, GSU	25:18	John Rowland, GSU	--
1994	10/29	Orlando, Fla.	UCF	5 mi	FIU	33	Andrew Letherby, GSU	25:40	Mike Becker, FIU	--
1993	10/30	Atlanta, Ga.	GSU	5 mi	FIU	32	J. Pinto/J. Maselter, FIU	27:04	Mike Becker, FIU	--
1992	10/31	Deland, Fla.	Stet	5 mi	FIU	33	Chad Newton, GSU	25:29	Frank Daniels, GSU	--
1991	11/4	Hammond, La.	SLU	5 mi	FIU	38	Michael Dear, GSU	24:35	Mike Becker, FIU	--
1990	10/27	Atlanta, Ga.	GSU	5 mi	UTSA	27	Richard Hird, UTSA	26:07	Shawn Flanagan, UTSA	--
1989	10/28	San Antonio, Texas	UTSA	5.2 mi	UTSA	21	Robert Kramer, UTSA	25:42	Flanagan UTSA/Presley, GaSo	--
1988	10/29	Birmingham, Ala.	Sam	5 mi	UTSA	20	Rene Guillen, UTSA	25:15	Shawn Flanagan, UTSA	--
1987	10/31	San Antonio, Texas	UTSA	5 mi	UTSA	17	Jose Iniguez, UTSA	25:13	Shawn Flanagan, UTSA	--
1986	11/1	Atlanta, Ga.	GSU	10K	UTSA	22	Kari Niemela, HBU	31:03	Shawn Flanagan, UTSA	--
1985	11/2	Houston, Texas	HBU	5 mi	Houston Baptist	19	Magnus Fyhr, HBU	26:25	Jerry Martinez, HBU	--
1984	11/3	Atlanta, Ga.	GSU	5 mi	Houston Baptist	25	Charlie Foreman, HBU	26:27	Jerry Martinez, HBU	--
1983	10/29	Natchitoches, La.	NSU	10K	Houston Baptist	18	Charlie Foreman, HBU	31:21	Jerry Martinez, HBU	--
1982	10/30	Natchitoches, La.	NSU	10K	Houston Baptist	25	Steve Grenchik, Cent	32:26	Jerry Martinez, HBU	--
1981	10/31	Calhoun, La.	NLU	10K	La.-Monroe	16	Tommy Dunn, NLU	32:07	Dennis Groll, NLU	--
1980	11/1	Natchitoches, La.	NSU	10K	La.-Monroe	22	Jim Pyle, NLU	31:36	Dennis Groll, NLU	--
1979	11/3	Houston, Texas	HBU	10K	La.-Monroe/UTPA	29	Jim Pyle, NLU	30:50	--	--

Championship Superlatives

Lowest Winning Team Total:

- 16 Louisiana-Monroe, 1981
- 17 UTSA, 1987
- 18 Houston Baptist, 1983
- 19 Houston Baptist, 1985
- 20 UTSA, 1990
- 21 Belmont, 2006
- 21 UTSA, 1991
- 22 UTSA, 1986
- 22 Louisiana-Monroe, 1980
- 23 Belmont, 2002

Highest Winning Team Total:

- 68 Campbell, 1998
- 55 Kennesaw State, 2010
- 55 Georgia State/Samford, 1999
- 40 Kennesaw State, 2009
- 38 FIU, 1992
- 38 FIU, 1991
- 37 Samford, 2000
- 36 Georgia State, 1996
- 36 Georgia State, 1995
- 35 Georgia State, 2001

Largest Margin of Victory (Team):

- 58 Belmont, 2006
- 50 Houston Baptist, 1983
- 49 FIU, 1994
- 47 Louisiana-Monroe, 1981
- 44 Belmont, 2002
- 43 Houston Baptist, 1984
- 42 Kennesaw State, 200
- 41 Georgia State, 1996
- 35 UTSA, 1988
- 33 UTSA, 1987

Smallest Margin of Victory (Team):

- 0 Georgia State/Samford, 199
- 0 Louisiana-Monroe/UTSA, 1979
- 2 Campbell, 1998
- 5 FIU, 1992
- 5 FIU, 1991
- 6 ETSU, 2008
- 11 Belmont, 2004
- 11 Belmont, 2003
- 12 Campbell, 1998
- 13 Samford, 1993

Largest Margin Victory (Individual):

- 0:54 Andrew Letherby, Georgia State - 1996
- 0:50 Kari Niemela, Houston Baptist - 1986
- 0:41 Gilbert Kemboi, USC Upstate - 2010
- 0:39 Tommy Dunn, Northwestern State - 1981
- 0:38 William Kemey, Belmont - 2001
- 0:35 Michael Green, Troy - 2000
- 0:33 Andrew Letherby, Georgia State - 1994
- 0:32 Steve Grenchik, Centenary - 1982
- 0:28 Michael Dear, Georgia State - 1991
- 0:22 Andrew Letherby, Georgia State - 1998

Smallest Victory (Individual):

- :00 Joey Pinto, FIU/Joe Maselter, FIU - 1993
- :00 Jim Pyle, NLU/Greg Adair, NLU - 1980
- :01 Ryan Snellen, Belmont - 2004
- :02 Kipkosgei Magut, Belmont -2006
- :02 Brad Polley, Belmont - 2005
- :02 Richard Hird, UTSA - 1990
- :04 William Kemey, Belmont - 2002
- :06 Kipkosgei Magut, Belmont -
- :06 Charlie Foreman, Houston Baptist - 1984
- :07 Kenneth Rotich, ETSU - 2008

Top-10 Times (8K only)

- 1. 23:37 Ryan Snellen Belmont, 2004
- 2. 23:38 Jacob Buckman Belmont, 2004
- 3. 24:00 Gilbert Kemboi USC Upstate, 2010
- 4. 24:34 Kenneth Rotich ETSU, 2008
- 5. 24:40 William Kemey Belmont, 2001
- 6. 24:41 Nabil Hamid KSU, 2010
- 24:41 Ben Ronoh ETSU, 2008
- 8. 24:44 Jaako Nieminen KSU, 2010
- 9. 24:45 Ben Ronoh ETSU, 2010
- 10. 24:47 Terence Attema Campbell, 2010

Fastest Winning Times (8K):

- 1. 23:37 Ryan Snellen Belmont, 2004
- 2. 24:00 Gilbert Kemboi USC Upstate, 2010
- 3. 24:34 Kenneth Rotich ETSU, 2008
- 4. 24:40 William Kemey Belmont, 2001
- 5. 24:53 Andrew Letherby Ga. State, 1997
- 6. 24:58 Michael Green Troy, 1998
- 7. 25:02 Michael Green Troy, 1999
- 8. 25:10 Kipkosgei Magut Belmont, 2007
- 25:10 Michael Green Troy, 2000

Slowest Winning Time (8K):

- 1. 26:13 Andrew Letherby Ga. State, 1996
- 2. 25:51 William Kemey Belmont, 2002
- 3. 25:48 Kipkosgei Magut Belmont, 2006
- 4. 25:31 Kenneth Rotich ETSU, 2009
- 5. 25:19 Brad Polley Belmont, 2005
- 6. 25:18 Julian Dwyer Ga. State, 1995
- 7. 25:12 Paul Rickard Ga. State, 2003

Consecutive Victories (Team):

- 6 Belmont, 2002-2007
- 5 UTSA, 1986-1990
- 4 FIU, 1991-1994
- 4 Houston Baptist, 1982-85
- 3 Georgia State, 1995-97
- 3 Louisiana-Monroe, 1979-81
- 2 Kennesaw State, 2009-10
- 2 Samford, 1999-2000

Consecutive Victories (Individual):

- 3 Michael Green - Troy, 1998-2000
- 3 Andrew Letherby - Georgia State, 1994-97
- 2 William Kemey - Belmont, 2001-02
- 2 Charlie Foreman - Houston Baptist, 1983-84
- 2 Jim Pyle - NLU, 1979-80

Most Team Titles:

- 6 Belmont, 2002-07
- 5 Georgia State, 1995-97, 99, 2001
- 5 UTSA, 1986-90
- 4 FIU, 1991-94
- 4 Houston Baptist, 1982-85
- 3 Louisiana-Monroe, 1979-81
- 2 Kennesaw State, 2009-10
- 2 Samford, 1999-2000
- 1 ETSU, 2008
- 1 Campbell, 1998
- 1 UTPA, 1979

Most Individual Titles:

- 7 Georgia State, 1991-92, 94-97, 2003
- 6 Belmont, 2001-02, 04-07
- 4 UTSA, 1987-90
- 4 Houston Baptist, 1983-86
- 3 Troy, 1998-2000
- 3 Louisiana-Monroe, 1979-81
- 2 ETSU, 2008-09
- 1 USC Upstate, 2010
- 1 FIU, 1993
- 1 Centenary, 1982



Team Championship Results

2010	9. Stetson	274	5. UCF	118	1993	1. FIU	32	1986	1. UTSA	22
1. Kennesaw State	55	10. Florida Atlantic	277	6. Jacksonville State	194	2. Samford	45	2. Georgia State	40	
2. Belmont	68	11. Jacksonville	331	7. Mercer	206	3. SE Louisiana	123	3. Samford	73	
3. USC Upstate	80	2004		8. Jacksonville	217	4. Mercer	124	4. Georgia Southern	106	
4. UNF	98	1. Belmont	31	9. Stetson	220	5. UCF	129	5. Stetson	150	
5. Campbell	114	2. Georgia State	42	10. Florida Atlantic	242	6. Georgia State	131	6. Mercer	164	
6. ETSU	137	3. UCF	112	1998		7. Florida Atlantic	150	-- Centenary	No score	
7. Mercer	163	4. Campbell	117	1. Campbell	68	8. Coll. of Charleston	159	-- Houston Baptist	DQ	
8. FGCU	200	5. Lipscomb	158	2. Georgia State	70	9. Stetson	251	1985		
9. Lipscomb	214	6. Gardner-Webb	171	3. Jacksonville	72	10. Centenary	272	1. Houston Baptist	19	
10. Stetson	324	7. Troy	211	4. Troy	77	1992		2. Georgia State	42	
11. Jacksonville	334	8. Florida Atlantic	219	5. UCF	92	1. FIU	38	3. Georgia Southern	89	
2009		9. Mercer	229	6. Samford	109	2. Georgia State	43	4. Centenary	96	
1. Kennesaw State	40	10. Stetson	233	7. Mercer	210	3. Samford	82	5. Hardin-Simmons	147	
2. ETSU	82	11. Jacksonville	267	8. Jacksonville State	220	4. UCF	107	6. Mercer	153	
T-3. UNF	98	2003		9. Florida Atlantic	229	5. Samford	109	7. UALR	160	
T-3. USC Upstate	98	1. Belmont	30	10. Stetson	247	6. Mercer	154	-- Samford	No score	
5. Belmont	102	2. Georgia State	41	11. Centenary	313	7. Stetson	181	1984		
6. Lipscomb	134	3. UCF	105	1997		8. Coll. of Charleston	205	1. Houston Baptist	25	
7. Mercer	194	4. Campbell	122	1. Georgia State	31	9. Centenary	265	2. Georgia State	68	
8. FGCU	206	5. Troy	151	2. Samford	63	1991		3. Georgia Southern	87	
9. Campbell	210	6. Mercer	154	3. Troy	71	1. FIU	38	4. Centenary	96	
10. Jacksonville	324	7. Gardner-Webb	185	4. Campbell	99	2. Georgia State	43	5. Samford	139	
11. Stetson	354	8. Florida Atlantic	202	5. FIU	135	3. Samford	82	6. Mercer	158	
2008		9. Lipscomb	223	6. Coll. of Charleston	169	4. Georgia Southern	89	7. Hardin-Simmons	192	
1. ETSU	29	10. Stetson	267	7. Jacksonville State	181	5. SE Louisiana	100	1983		
2. Belmont	35	11. Jacksonville	342	8. UCF	227	6. Mercer	182	1. Houston Baptist	18	
3. Kennesaw State	87	2002		9. Florida Atlantic	238	7. Coll. of Charleston	223	2. Georgia State	68	
4. UNF	122	1. Belmont	23	10. Centenary	306	8. Stetson	230	3. Centenary	72	
5. Campbell	129	2. Samford	67	11. Mercer	310	9. Centenary	234	4. La.-Monroe	91	
6. Lipscomb	141	3. Georgia State	77	12. Stetson	353	1990		5. Nicholls State	149	
7. FGCU	210	4. Troy	81	1996		1. UTSA	27	6. Samford	153	
8. USC Upstate	227	5. UCF	161	1. Georgia State	36	2. Georgia State	41	7. Georgia Southern	202	
9. Mercer	245	6. Gardner-Webb	200	2. UCF	77	3. FIU	71	8. UALR	236	
10. Stetson	303	7. Florida Atlantic	205	3. FIU	78	4. Georgia Southern	102	1982		
11. Jacksonville	347	8. Mercer	216	4. Campbell	82	5. Samford	150	1. Houston Baptist	25	
2007		9. Campbell	226	5. Samford	106	6. UALR	196	2. Centenary	41	
1. Belmont	30	10. Stetson	259	6. Florida Atlantic	159	7. Mercer	200	3. Samford	82	
2. ETSU	46	11. Jacksonville State	306	7. Jacksonville State	168	8. Centenary	212	4. La.-Monroe	112	
3. Campbell	88	12. Jacksonville	381	8. Coll. of Charleston	192	9. Stetson	241	5. Georgia Southern	146	
4. Kennesaw State	114	2001		9. SE Louisiana	215	1989		6. Nicholls State	150	
5. Gardner-Webb	136	1. Georgia State	35	10. Stetson	304	1. UTSA	21	7. Mercer	183	
6. Lipscomb	152	2. Samford	59	11. Centenary	313	2. Samford	50	8. UALR	226	
7. UNF	190	3. Belmont	66	12. Mercer	357	3. Georgia Southern	63	9. Hardin-Simmons	240	
8. FGCU	204	4. Troy	116	1995		4. Georgia State	85	1981		
9. Mercer	233	5. UCF	146	1. Georgia State	36	5. Mercer	166	1. La.-Monroe	16	
10. USC Upstate	297	6. Campbell	156	2. Campbell	67	6. Centenary	197	2. Northwestern State	63	
11. Stetson	344	7. Mercer	196	3. FIU	80	7. UALR	210	3. Centenary	70	
12. Jacksonville	386	8. Jacksonville State	200	4. UCF	88	Stetson	210	4. Samford	91	
2006		9. Stetson	249	5. Samford	129	1988		5. Houston Baptist	126	
1. Belmont	21	10. Florida Atlantic	296	6. Coll. of Charleston	171	1. UTSA	20	6. Hardin-Simmons	164	
2. Kennesaw State	79	11. Jacksonville	328	7. Florida Atlantic	194	2. Georgia State	55	1980		
3. ETSU	96	2000		8. SE Louisiana	238	3. Samford	81	1. La.-Monroe	22	
4. Gardner-Webb	97	1. Samford	37	9. Mercer	256	4. Houston Baptist	101	2. Northwestern State	51	
5. UNF	128	2. Georgia State	68	10. Centenary	303	5. Georgia State	134	3. Centenary	67	
6. Campbell	129	3. Troy	75	11. Stetson	307	6. Mercer	185	4. Samford	119	
7. Lipscomb	168	4. Campbell	100	12. Jacksonville State	311	7. Centenary	208	5. Houston Baptist	146	
8. Mercer	206	5. Mercer	101	1994		8. Stetson	210	6. Hardin-Simmons	157	
9. Stetson	280	6. UCF	148	1. FIU	33	1987		1979		
10. Jacksonville	313	7. Stetson	202	2. Campbell	84	1. UTSA	17	1. La.-Monroe	29	
2005		8. Jacksonville	220	3. Georgia State	91	2. Georgia State	50	UTPA	29	
1. Belmont	31	9. Florida Atlantic	244	4. UCF	109	3. Samford	81	3. Samford	87	
2. ETSU	46	-- Jacksonville State	No score	5. SE Louisiana	138	4. Houston Baptist	101	4. Houston Baptist	107	
3. Kennesaw State	78	1999		6. Samford	151	5. Mercer	185	5. Hardin-Simmons	138	
4. Campbell	125	1. Georgia State	55	7. Mercer	169	6. Stetson	144			
5. Gardner-Webb	137	2. Samford	55	8. Coll. of Charleston	193	7. Centenary	154			
6. UNF	139	3. Campbell	60	9. Florida Atlantic	201	-- Houston Baptist	No score			
7. Lipscomb	189	4. Troy	90	10. Stetson	271					
8. Mercer	231			11. Centenary	319					



All-Conference Selections

2010															
<i>First Team</i>															
1.	Gilbert Kemboi	Upst	24:00	5.	Kevin Stone	Bel	26:00	4.	Brett Baddorf	Sam	25:56	3.	Jim Sellers	FIU	26:22
2.	Hamid Nabil	KSU	24:41	6.	John Brigham	Bel	26:16	5.	John Fesh	Troy	26:03	4.	Joe Maselter	FIU	26:35
3.	Jaakko Nieminen	KSU	24:44	7.	Clay Hannah	Bel	26:33	6.	Andrew Spear	Sam	26:04	5.	David Lewis	FIU	26:35
4.	Ben Ronoh	ETSU	24:45	8.	Jeremy Helf	Cam	26:40	7.	Kenneth Martin	GSU	26:17	6.	Sean Lyden	Sam	26:36
5.	Terence Attema	Cam	24:47	9.	Michael Deren	ETSU	26:45	8.	Chad Johnson	Sam	26:24	7.	Bill Vesley	Mer	26:42
6.	Hillary Cheruiyot	Bel	25:08	10.	Lucas McAneney	GWU	26:46	9.	Chad James	Sam	26:25	8.	Ron Clemons	SLU	26:47
7.	Piotr Witzack	KSU	25:11	2005				10.	Mark McBride	Sam	26:31	9.	Erik Lipham	UCF	26:47
<i>Second Team</i>				1.	Brad Polley	Bel	25:19	1999				10.	Jamie Fain	FIU	26:49
8.	Davey Dennison	Upst	25:12	2.	Adam Bishop	Bel	25:21	1.	Michael Green	Troy	25:02	1993			
9.	Mike Strasser	UNF	25:15	3.	Jason Waters	KSU	25:21	2.	Tee Mott	GSU	25:16	1.	Joey Pinto	FIU	27:04
10.	Erick Kigen	Bel	25:22	4.	Jeremy Helf	Cam	25:24	3.	Andrew Smith	Cam	25:29	1.	Joe Maselter	FIU	27:04
11.	Will Pearce	UNF	25:23	5.	Daniel Matena	Bel	25:26	4.	Brett Baddorf	Sam	25:55	3.	Sean Lyden	Sam	27:22
12.	Cameron Dickerson	UNF	25:27	6.	Caleb Swartz	Bel	25:27	5.	Mark Ragase	Cam	26:03	4.	David Weiss	FAU	27:24
13.	Jeff Musick	Lip	25:30	7.	Peter Dalton	ETSU	25:29	6.	Ryan Richmond	Cam	26:06	5.	Juan Gautier	Sam	27:27
14.	Morgan Timiney	Cam	25:31	8.	Benard Towett	ETSU	25:32	7.	Sean McCabe	UCF	26:12	6.	Jamie Fain	FIU	27:37
2009				9.	Joshua Hicks	ETSU	25:35	8.	G. Gentiluomo	GSU	26:16	7.	Sean Fortson	Mer	27:41
<i>First Team</i>				10.	Jeff Crane	ETSU	25:38	9.	Jason Lackey	Sam	26:16	8.	Scott McCosh	Sam	27:51
1.	Ken Rotich	ETSU	25:31	2004				10.	Justin Parker	Mer	26:17	9.	Rob Preiditsch	GSU	27:51
2.	Gilbert Kemboi	Upst	25:36	1.	Ryan Snellen	Bel	23:37	1998				10.	Darius Lewis	SLU	27:55
3.	Nabil Hamid	KSU	25:45	2.	Jacob Buckman	Bel	23:38	1.	Michael Green	Troy	24:58	1992			
4.	Ryan Chastain	Lip	25:49	3.	Jeff Vyain	Bel	26:44	2.	Tee Mott	GSU	25:06	1.	Chad Newton	GSU	25:29
5.	Jaakko Nieminen	KSU	25:54	4.	Jay Morrill	GSU	26:51	3.	Andrew Smith	Cam	25:16	2.	Michael Dear	GSU	25:40
6.	Ben Ronoh	ETSU	26:05	5.	Nicholas Miller	GSU	26:54	4.	Japheth Koech	JU	25:50	3.	Calvin Whitaker	FIU	25:41
7.	Jordan Anderson	Bel	26:07	6.	Jake Wilke	UCF	27:06	5.	Mark Ragase	Cam	25:59	4.	Sam Hooper	GSU	26:06
<i>Second Team</i>				7.	Matt Cameron	GSU	27:12	6.	Nick Stavropoulos	GSU	26:14	5.	Joe Masellear	FIU	26:13
8.	Nathan Haskins	KSU	26:26	8.	Mike Earle	Cam	27:13	7.	Jeff Morris	Cam	26:21	6.	Yusef Al-Naziat	SLU	26:23
9.	J Penny	ETSU	26:30	9.	Lucas McAneney	GWU	27:18	8.	Jason Lackey	Sam	26:23	7.	Jimmy Sellers	FIU	26:44
10.	Will Pearce	UNF	26:36	10.	Jeremy Helf	Cam	27:18	9.	John Hope	UCF	26:27	8.	Scott Pasterski	FIU	26:49.2
11.	Scott Burley	KSU	26:39	2003				10.	Sean Gilman	Troy	26:29	9.	Sean Forston	Mer	26:49.6
12.	Delohnni Nicol-Samuel	Cam	26:44	1.	Paul Rickard	GSU	25:12	1997				10.	Brian Herring	FIU	26:50
13.	Piotr Witzack	KSU	26:45	2.	Andy Baksa	Bel	25:21	1.	Andrew Letherby	GSU	24:53	1991			
14.	Jacob Law	Mer	26:50	3.	Isaac Lafond	Bel	25:27	2.	Michael Green	Troy	25:15	1.	Michael Dear	GSU	24:35
2008				4.	Ryan Snellen	Bel	25:40	3.	Tee Mott	GSU	25:21	2.	Chad Newton	GSU	25:03
<i>First Team</i>				5.	Matt Cameron	GSU	25:40	4.	Aaron Bishop	Sam	25:23	3.	Mike King	GaSo	25:07
1.	Kenneth Rotich	ETSU	24:34	6.	Nicholas Miller	GSU	25:43	5.	Gaby Rodriguez	FIU	25:26	4.	Calvin Whitaker	FIU	25:42
2.	Ben Ronoh	ETSU	24:41	7.	Jacob Buckman	Bel	25:44	6.	Jimmy Sinkoski	GSU	25:31	5.	Joey Pinto	FIU	25:55
3.	Hillary Cheruiyot	Bel	24:51	8.	Mike Earle	Cam	25:46	7.	Andy Bishop	Sam	25:35	6.	Yusef Al-Naziat	SLU	25:57
4.	Clay Hannah	Bel	24:52	9.	Chip Carter	GWU	25:57	8.	Phil Laprad	Troy	25:45	7.	Rob Preiditsch	GSU	26:09
5.	Michael Deren	ETSU	24:52	10.	Ben Fish	Troy	25:59	9.	Luis Delfin	JSU	25:51	8.	Chris Chartier	FIU	26:12
6.	Ryan Chastain	Lip	24:56	2002				10.	Spencer Edward	GSU	25:53	9.	Juan Gautier	Sam	26:14
7.	Caleb Swartz	Bel	24:58	1.	William Kemey	Bel	25:51	1996				10.	Brian Herring	FIU	26:16
<i>Second Team</i>				2.	Matt Cameron	GSU	25:55	1.	Andrew Letherby	GSU	26:13	1990			
8.	Scotty Burley	KSU	25:12	3.	Nathan Kosiba	Bel	26:00	2.	Daniel Hill	GSU	27:07	1.	Richard Hird	UTSA	26:07
9.	Jeff Crane	ETSU	25:17	4.	Ryan Snellen	Bel	26:14	3.	Darrin Guay	Cam	27:24	2.	John Rowland	GSU	26:09
10.	Kipkosgei Magut	Bel	25:20	5.	Justin Parker	Mer	26:15	4.	Jimmy Sinkoski	GSU	27:33	3.	Richard Schummer	UTSA	26:16
11.	Will Peters	Bel	25:21	6.	Brett Baddorf	Sam	26:17	5.	Dave Lewis	FIU	27:44	4.	Joe Maselter	FIU	26:21
12.	J Penny	ETSU	25:25	7.	Andy Baksa	Bel	26:20	6.	Jeff Morris	Cam	27:48	5.	Jason Vuckovic	GSU	26:32
13.	Ken Eichberg	Cam	25:28	8.	Micah McGowan	Bel	26:20	7.	Troy Davis	UCF	27:52	6.	Paul Perrone	UTSA	26:43
14.	Kip Hill	Bel	25:33	9.	Ben Fish	Troy	26:28	8.	Jim Sellers	FIU	28:02	7.	Jon Cressman	GSU	26:54
2007				10.	Michael Bond	Troy	26:31	9.	D. Incantalupo	UCF	28:03	8.	David Rosenthal	UTSA	26:58
1.	Kipkosgei Magut	Bel	25:10	2001				10.	Andy Bishop	Sam	28:06	9.	Chad Malesich	UTSA	26:59
2.	Jeff Crane	ETSU	25:16	1.	William Kemey	Bel	24:40	1995				10.	Gabriel San Maria	UTSA	27:02
3.	Michael Deren	ETSU	25:27	2.	G. Gentiluomo	GSU	25:18	1.	Julian Dwyer	GSU	25:18	1989			
4.	Jacob Buckman	Bel	25:30	3.	Tee Mott	GSU	25:22	2.	Andrew Letherby	GSU	25:29	1.	Robert Kramer	UTSA	25:42
5.	Verrelle Wyatt	Cam	25:33	4.	Nathan Kosiba	Bel	25:24	3.	Jim Sellers	FIU	26:17	2.	Chris Webb	Sam	25:52
6.	Hillary Cheruiyot	Bel	25:35	5.	Paul Rickard	GSU	25:27	4.	Rene Plasencia	UCF	26:24	3.	Dave Terris	UTSA	26:17
7.	Kenneth Rotich	ETSU	25:41	6.	Chris Batista	Troy	25:33	5.	Dave Lewis	FIU	26:28	4.	Richard Schummer	UTSA	26:17
8.	John Brigham	Bel	25:59	7.	Danny Cook	UCF	25:40	6.	Shane Morrison	SLU	26:35	5.	Mike King	GaSo	27:02
9.	Peikko Solla	KSU	26:05	8.	Matt Day	Bel	25:44	7.	Mike Keating	Cam	26:37	6.	Ernie Bueno	UTSA	27:14
10.	Lucas McAneney	GWU	26:12	9.	Brett Baddorf	Sam	25:44	8.	Lou Snelling	UCF	26:42	7.	Eddie Castillo	UTSA	27:21
2006				10.	Kenneth Martin	GSU	25:49	9.	Stuart Lyall	GSU	26:43	8.	Gene Sapino	GaSo	27:28
1.	Kipkosgei Magut	Bel	25:48	2000				10.	Jeff Clayton	GSU	26:44	9.	John Camp	Sam	27:43
2.	Ryan Snellen	Bel	25:50	1.	Michael Green	Troy	25:10	1994				10.	James Kern	Sam	27:49
3.	Scott Burley	KSU	25:52	2.	Justin Parker	Mer	25:45	1.	Andrew Letherby	GSU	25:40				
4.	Josh Hudson	GWU	26:05	3.	Ryan Richmond	Cam	25:50	2.	Michael Dear	GSU	26:13				



All-Conference Selections (continued)

1988

1. Rene Gullen	UTSA	25:15
2. Chris Webb	Sam	25:23
3. Dave Terris	UTSA	25:40
4. Greg Wenneburg	UTSA	25:55
5. Jose Iniguez	UTSA	26:02
6. John Rowland	GSU	26:08
7. Ernie Bueno	UTSA	26:10
8. Tom Connelly	GSU	26:11
9. Stephen Rohaly	HBU	26:14
10. Richard Schummer	UTSA	26:25

1987

1. Jose Iniguez	UTSA	25:13
2. Rene Guillen	UTSA	25:24
3. Garry Partridge	UTSA	25:33
4. Mike Fitzgerald	GSU	25:49
5. Alfie Morgan	UTSA	25:56
6. Alfredo Cilloniz	UTSA	25:59
7. Greg Wenneburg	UTSA	26:03
8. Ernie Bueno	UTSA	26:13
9. Chris Webb	Sam	26:35
10. Magnus Fyhr	HBU	26:42

1986

1. Kari Niemela	HBU	31:03
2. Garry Partridge	UTSA	31:53
3. Mike Fitzgerald	GSU	32:21
4. Alfie Morgan	UTSA	32:31
5. Ed DeLao	HBU	32:38
6. Joe Martinez	UTSA	32:47
7. Magnus Fyhr	HBU	32:58
8. Renz Weinmann	UTSA	33:07
9. Chris Webb	Sam	33:12
10. Frank Daniels	GSU	33:14

1985

1. Magnus Fyhr	HBU	26:25
2. Eddie DeLao	HBU	26:41
3. Frank Daniels	GSU	26:49
4. Alfredo Lahuerta	HBU	27:04
5. Hakan Perssons	HBU	27:14
6. Kevin Russell	GSU	27:24
7. Charlie Foreman	HBU	27:30
8. Sam Shimfessel	HBU	27:38
9. Doug Williams	HBU	27:59
10. Robert Medcalf	GSU	28:08

1984

1. Charlie Foreman	HBU	26:27
2. Robert Medcalf	GSU	26:33
3. Todd Eldridge	GSU	26:55
4. Cesar Licon	HBU	26:58
5. Edward DeLao	HBU	27:03
6. Ronnie Harmon	GSU	27:07
7. Alfredo Lahuerta	HBU	27:10
8. Mike Walters	HBU	27:12
9. Shawn McCormick	GoSo	27:40
10. Alan Tudor	GSU	27:43

1983

1. Charlie Foreman	HBU	31:21
2. Andres Rodgers	HBU	31:32
3. Ronnie Brown	GSU	31:52
4. Vince James	HBU	32:18
5. Carlos Ward	HBU	32:26
6. Alfredo Gomez	HBU	32:28
7. Joe Flores	HBU	32:34
8. Bill Jones	Cent	32:42
9. Andy Nelson	NLU	32:50
10. Mike Walters	HBU	32:52

1982

1. Steve Grenchik	Cent	32:26
2. Charles Foreman	HBU	32:58
3. James Gibbs	HBU	33:09
4. Mike Walters	HBU	33:15
5. Carlos Ward	HBU	33:25
6. David Watkins	Cent	33:53
7. Andy Nelson	NLU	34:12
8. David Bellar	Cent	34:19
9. Michael Carver	NLU	34:28
10. David Brandy	Sam	34:42

1981

1. Tommy Dunn	NLU	32:07
2. Greg Adair	NLU	32:46
3. Rusty Muse	NLU	33:02
4. Clarence Powers	NLU	33:15
5. Steve Grenchik	Cent	33:24
6. David Anderson	NLU	33:28
7. Vic Bradford	NLU	34:10
8. Robert Dukes	NLU	34:14
9. Kevin Foll	NLU	34:15
10. Brent Gnatzig	NLU	34:31

1980

1. Jim Pyle	NLU	31:36
1. Greg Adair	NLU	31:36
3. Jay Davis	Cent	31:50
4. Tommy Dunn	NLU	32:05
5. Vic Bradford	NLU	32:18
6. Billy Green	NLU	32:24
7. Rusty Muse	NLU	32:30
8. Clarence Powers	NLU	32:34
9. John O'Hearn	NLU	32:39
10. Jerry Weaver	NLU	32:45

1979

1. Jim Pyle	NLU	30:50
2. Ron Cassilas	Cent	31:03
3. Tommy Dunn	NLU	31:12
4. Armando Reyna	PAU	31:21
5. Scott Smith	Cent	31:23
6. Jay Davis	Cent	31:31
7. Soren Lundin	PAU	31:36
8. Bengt Gortz	PAU	31:44
9. Clarence Powers	NLU	31:52
10. Rusty Muse	NLU	32:00

1979-2007 // Top-10 Finishers
 2008-present // 1st Team = Top-7 &
 2nd Team = 8-14

ALL-FRESHMAN TEAM

2010

1. Erick Kigen	Bel	25:22
2. Morgan Timiney	Cam	25:31
3. Argeo Cruz	FGCU	25:37
4. Brandon Mahaney	Bel	25:43
5. Andrew Kipchumba	Upst	25:50

2009

1. Gilbert Kemboi	Upst	25:36
2. Nabil Hamid	KSU	25:45
3. Delohni Nicol-Samuel	Cam	26:44
4. Jacob Law	Mer	26:50
5. Christian Ritacco	Upst	26:53

2008

1. Travis Holmes	KSU	25:56
2. Jaakko Nieminen	KSU	26:17
3. Cameron Dickerson	UNF	26:25

4. James Jackson	Upst	26:28
5. Nathan Brame	Lip	26:32

2007

1. Hillary Cheruiyot	Bel	25:35
2. Will Peters	Bel	26:18
3. Terrence Attema	Cam	26:59
4. Kip Hil	Bel	27:14
5. Matteo Dicecco	KSU	27:15

2006

1. Clay Hannah	Bel	26:33
2. Peikko Solla	KSU	26:48
3. Fredrik Johansson	UNF	27:13
4. Ryan Chastain	Lip	27:28
5. J. Penny	ETSU	27:48

2005

1. Caleb Swartz	Bel	25:27
2. Jeff Crane	ETSU	25:35
3. Abdi Chepkwony	ETSU	25:48
4. Daniel Gormley	KSU	25:48
5. Joshua Hudson	GWU	25:55

THREE-TIME WINNERS (2)

Andrew Letherby, GSU (94,96,97)
 Michael Green, Troy (98,99,00)

TWO-TIME WINNERS (3)

William Kemey, Bel (01, 02)
 Charlie Foreman, HBU (84, 83)
 Jim Pyle, NLU (80, 79)

FOUR-TIME ALL-CONFERENCE (9)

Ryan Snellen, Bel (02, 03, 04, 06)
 Brett Baddorf, Sam (99, 00, 01, 02)
 Tee Mott, GSU (98, 99, 00, 01)
 Michael Green, Troy (97, 98, 99, 00)
 Andrew Letherby, GSU (94, 95, 96, 97)
 Jim Sellers, FIU (92, 94, 95, 96)
 Joe Maserter, FIU (90, 92, 93, 94)
 Chris Webb, Sam (86, 87, 88, 89)
 Charlie Foreman, HBU (82, 83, 84, 85)

THREE-TIME ALL-CONFERENCE

Hillary Cheruiyot, Bel (07, 08, 10)
 Ben Ronoh, ETSU (08, 09, 10)
 Scott Burley, KSU (06, 08, 09)
 Kenneth Rotich, ETSU (07, 08, 09)
 Kipkosgei Magut, Bel (06, 07, 08)
 Jeff Crane, ETSU (05, 07, 08)
 Lucas McAneney, GWU (04, 06, 07)
 Jacob Buckman, Bel (03, 04, 07)
 Jeremy Helf, Cam (04, 05, 06)
 Matt Cameron, GSU (02, 03, 04)
 Justin Parker, Mer (99, 00, 02)
 David Lewis, FIU (96, 95, 94)
 Michael Dear, GSU (94, 92, 91)
 Richard Schummer, UTSA (90, 89, 88)
 Ernie Bueno, UTSA (89, 88, 87)
 Eddie DeLao, HBU (86, 85, 84)
 Mike Walters, HBU (84, 83, 82)
 Tommy Dunn, NLU (81, 80, 79)
 Rusty Muse, NLU (81, 80, 79)
 Clarence Powers, NLU (81, 80, 79)

TWO-TIME ALL-CONFERENCE

Gilbert Kemboi, Upst (09, 10)
 Nabil Hamid, KSU (09, 10)
 Jaako Nieminen, KSU (09, 10)
 Piotr Witzack, KSU (09, 10)

Will Pearce, UNF (09-10)
 J Penny, ETSU (08, 09)
 Ryan Chastain, Lip (08, 09)
 Caleb Swartz, Bel (05,08)
 John Brigham, Bel (06, 07)
 Michael Deren, ETSU (06, 07)
 Mike Earle, Cam (03, 04)
 Nicholas Miller, GSU (03, 04)
 Paul Rickard, GSU (01, 03)
 Andy Baksa, Bel (02, 03)
 Ben Fish, Troy (02, 03)
 William Kemey, Bel (01, 02)
 Nathan Kosiba, Bel (01, 02)
 Kenneth Martin, GSU (00, 01)
 G. Gentiluomo, GSU (00, 01)
 Justin Parker, Mer (99, 00)
 Ryan Richmond, Cam (99, 00)
 Jimmy Sinkoski, GSU (97, 96)
 Andy Bishop, Sam (97, 96)
 Sean Lyden, Sam (94, 93)
 Jamie Fain, FIU (94, 93)
 Juan Gautier, Sam (93, 91)
 Sean Fortson, Mer (93, 92)
 Rob Preiditsch, GSU (93, 91)
 Joey Pinto, FIU (93, 91)
 Chad Newton, GSU (92, 91)
 Calvin Whitaker, FIU (92, 91)
 Yusef Al-Naziat, SLU (92, 91)
 Brian Herring, FIU (92, 91)
 Mike King, GoSo (91, 89)
 John Rowland, GSU (90, 88)
 David Terris, UTSA (89, 88)
 Greg Wenneburg, UTSA (88, 87)
 Rene Guillen, UTSA (88, 87)
 Jose Iniguez, UTSA (88, 87)
 Garry Partridge, UTSA (87, 86)
 Mike Fitzgerald, GSU (87, 86)
 Alfie Morgan, UTSA (87, 86)
 Magnus Fyhr, HBU (86, 85)
 Alfredo Lahuerta, HBU (85, 84)
 Robert Medcalf, GSU (85, 84)
 Carlos Ward, HBU (83, 82)
 Andy Nelson, NLU (83, 82)
 Steve Grenchik, Cent (82, 81)
 Greg Adair, NLU (81, 80)
 Vic Bradford, NLU (81, 80)
 Jim Pyle, NLU (80, 79)
 Jay Davis, Cent (80, 79)



Runners of the Week

2010		
9/8	Gilbert Kemboi	Upst
9/15	Terence Attema	Cam
9/22	Nathan Haskins	KSU
10/6	Gilbert Kemboi	Upst
10/13	Piotr Witzcak	KSU
10/20	Gilbert Kemboi	Upst
2009		
9/9	Gilbert Kemboi	Upst
9/16	Terence Attema	Cam
9/23	Gilbert Kemboi	Upst
9/30	Scott Burley	KSU
10/7	Gilbert Kemboi	Upst
10/14	Scott Burley	KSU
10/21	Kenneth Rotich	ETSU
10/28	Nabil Hamid	KSU
2008		
9/3	Scott Burley	KSU
9/10	Caleb Swartz	Bel
9/17	Kenneth Rotich	ETSU
9/24	Ryan Chastain	Lip
10/1	Kenneth Rotich	ETSU
10/8	Kenneth Rotich	ETSU
10/15	Scott Burley	KSU
10/22	Caleb Swartz	Bel
2007		
9/5	Lucas McAneney	GWU
9/12	Verrelle Wyatt	Cam
9/19	Kenneth Rotich	ETSU
9/26	Sammy Palmer	UNF
10/3	Kenneth Rotich	ETSU
10/10	Peikko Solla	KSU
10/17	Kenneth Rotich	ETSU
2006		
9/6	Colin Magut	Bel
9/13	Verrelle Wyatt	Cam
9/20	Jacob Buckman	Bel
9/27	Jordan Wilson	Lip
10/4	Fredrik Johannson	UNF
10/11	Michael Deren	ETSU
10/18	Scott Burley	KSU
2005		
9/7	Caleb Swartz	Bel
9/14	Jeremy Helf	Cam
9/21	Lucas McAneney	GWU
9/28	Jememy Helf	Cam
10/5	Jason Waters	KSU
10/12	Jordan Ladd	ETSU
10/19	Daniel Tanui	Mer
2004		
9/8	Ryan Snellen	Bel
9/14	Mike Earle	Cam
9/21	Lucas McAneney	GWU
9/28	Jacob Buckman	Bel
10/5	Mike Earle	Cam
10/12	Jake Wilke	UCF
10/19	Ryan Snellen	Bel
10/26	Nicholas Miller	GSU
2003		
9/9	Danny Cook	UCF
9/16	Isaac Lafond	Bel
9/23	Ben Fish	Troy
9/30	Isaac Lafond	Bel
10/7	Manny Huerta	FAU
10/14	Paul Rickard	GSU
10/21	Mike Earle	Cam
10/28	Paul Rickard	GSU

2002		
9/11	Michael Bond	GSU
9/17	Micah McGowan	Bel
9/24	William Kemej	Bel
10/1	Brett Baddorf	Sam
10/8	William Kemej	Bel
10/15	Ben Mena	UCF
10/22	William Kemej	Bel
2001		
9/19	G. Gentiluomo	GSU
9/25	William Kemej	Bel
10/2	G. Gentiluomo	GSU
10/10	William Kemej	Bel
10/17	William Kemej	Bel
10/23	Tee Mott	GSU
Award introduced in 2001		
By Individual:		
Kenneth Rotich	ETSU	7
Gilbert Kemboi	Upst	6
William Kemej	Bel	6
Scott Burley	KSU	5
Mike Earle	Cam	3
Lucas McAneney	GWU	3
Caleb Swartz	Bel	3
Terence Attema	Cam	2
Jacob Buckman	Bel	2
G. Gentiluomo	GSU	2
Jeremy Helf	Cam	2
Isaac Lafond	Bel	2
Paul Rickard	GSU	2
Ryan Snellen	Bel	2
Verelle Wyatt	Cam	2
Brian Baddorf	Sam	1
Michael Bond	GSU	1
Ryan Chastain	Lip	1
Danny Cook	UCF	1
Michael Deren	ETSU	1
Ben Fish	Troy	1
Nabil Hamid	KSU	1
Nathan Haskins	KSU	1
Manny Huerta	FAU	1
Fredrik Johannson	UNF	1
Jordan Ladd	ETSU	1
Colin Magut	Bel	1
Michael McGowan	Bel	1
Ben Mena	UCF	1
Nicholas Miller	GSU	1
Tee Mott	GSU	1
Sammy Palmer	UNF	1
Peikko Solla	KSU	1
Daniel Tanui	Mer	1
Jordan Willson	Lip	1
Jason Waters	KSU	1
Jake Wilke	UCF	1
Piotr Witzcak	KSU	1
By Team (Current Members):		
Belmont		17
Kennesaw State		10
ETSU		9
USC Upstate		6
UCF		3
Lipscomb		2
UNF		2
Mercer		1
By Team (Former Members):		
Campbell		9
Georgia State		7
Gardner-Webb		3
Samford		1
Troy		1
FAU		1

School Superlatives

BELMONT	
Fastest Time (Individual):	23:37 // Ryan Snellen, 2004
Best Finish (Individual):	1st // 5x – most recent Kipkosgei Magut, 2007
Score (Team):	21 // 2006
Best Finish (Team):	1st // 6x – most recent 2007
ETSU	
Fastest Time (Individual):	24:34 // Kenneth Rotich, 2008
Best Finish (Individual):	1st // 2x - Kenneth Rotich, 2008, 2009
Score (Team):	29 // 2008
Best Finish (Team):	1st // 2008
FLORIDA GULF COAST	
Fastest Time (Individual):	25:37 // Argeo Cruz, 2010
Best Finish (Individual):	17th // Argeo Cruz, 2010
Score (Team):	200 // 2010
Best Finish (Team):	7th // 2008
JACKSONVILLE	
Fastest Time (Individual):	25:50 // Japheth Koech, 1998
Best Finish (Individual):	4th // Japheth Koech, 1998
Score (Team):	72 // 1998
Best Finish (Team):	3rd // 1998
KENNESAW STATE	
Fastest Time (Individual):	24:41 // Nabil Hamid, 2010
Best Finish (Individual):	2nd // Nabil Hamid, 2010
Score (Team):	40 // 2009
Best Finish (Team):	1st // 2x - most recent 2010
LIPSCOMB	
Fastest Time (Individual):	24:56 // Ryan Chastain, 2008
Best Finish (Individual):	4th // Ryan Chastain, 2009
Score (Team):	134 // 2009
Best Finish (Team):	5th // 2005
MERCER	
Fastest Time (Individual):	25:45 // 2x - most recent Jacob Law, 2010
Best Finish (Individual):	2nd // Justin Parker, 2000
Score (Team):	101 // 2000
Best Finish (Team):	4th // 1993
UNF	
Fastest Time (Individual):	25:15 // Mike Strasser, 2010
Best Finish (Individual):	9th // Mike Strasser, 2010
Score (Team):	98 // 2x - most recent 2010
Best Finish (Team):	T-3rd // 2009
USC UPSTATE	
Fastest Time (Individual):	24:00 // Gilbert Kemboi, 2010
Best Finish (Individual):	1st // Gilbert Kemboi, 2010
Score (Team):	80 // 2010
Best Finish (Team):	3rd // 2010
STETSON	
Fastest Time (Individual):	26:57 // Clint Bentley, 2005
Best Finish (Individual):	16th // Frank Green, 1987
Score (Team):	150 // 1986
Best Finish (Team):	5th // 1986

Current Members Only Listed